

General Route Directions

The Medlock Valley weaves its way from Pin Mill Brow, Great Ancoats Street, through to the Tameside border and out to Oldham.

Along its route the Medlock Valley encompasses a number of well known neighbourhoods and landmarks commencing with the Lower Medlock Valley, a leafy suburb earmarked for new high quality housing. The route then follows on to Holt Town where the River Medlock acts as a tranquil backdrop.



Further east the valley reaches the world-class facilities of Sportcity, home to both the National Cycling Centre and Manchester City Football Club, following on to the open pastures of Philips Park, one of the oldest Municipal Parks in the world. The far side of the valley includes Clayton Vale, a nature reserve covering over 100 acres.

For further information on cycling in Manchester contact:

Highway Services
Salisbury House
Granby Row
Manchester
M1 7DL



Telephone: 0161 455 2232
Email: cycle.forum@manchester.gov.uk
Web: www.manchester.gov.uk

For cycling information and news in Greater Manchester www.cyclegm.org

Medlock Valley Project

Working in partnership with local people and lots of different agencies, the Medlock Valley project aims to provide safe, accessible countryside links that will provide long-term benefits for both people and wildlife. Explore the sites and find out more...



Medlock Valley Project
Timber Wharf
42-50 Worsley Street
Manchester
M15 6LD

Telephone: 0161 220 1085
Email: jfraser@groundwork.org.uk
Web: www.medlockvalley.org.uk

Friends of Clayton Vale

The Friends of Clayton Vale were formed in January 2003 and since then have worked tirelessly to improve the area running events, carrying out maintenance and clean up work.



If you would like to volunteer your time to help with their work or would like to join the group, then come along to a meeting and become a part of a very enjoyable and worthwhile cause. Meetings are bi-monthly from January on the second Tuesday of the month commencing 10am at the Clayton Vale Centre.

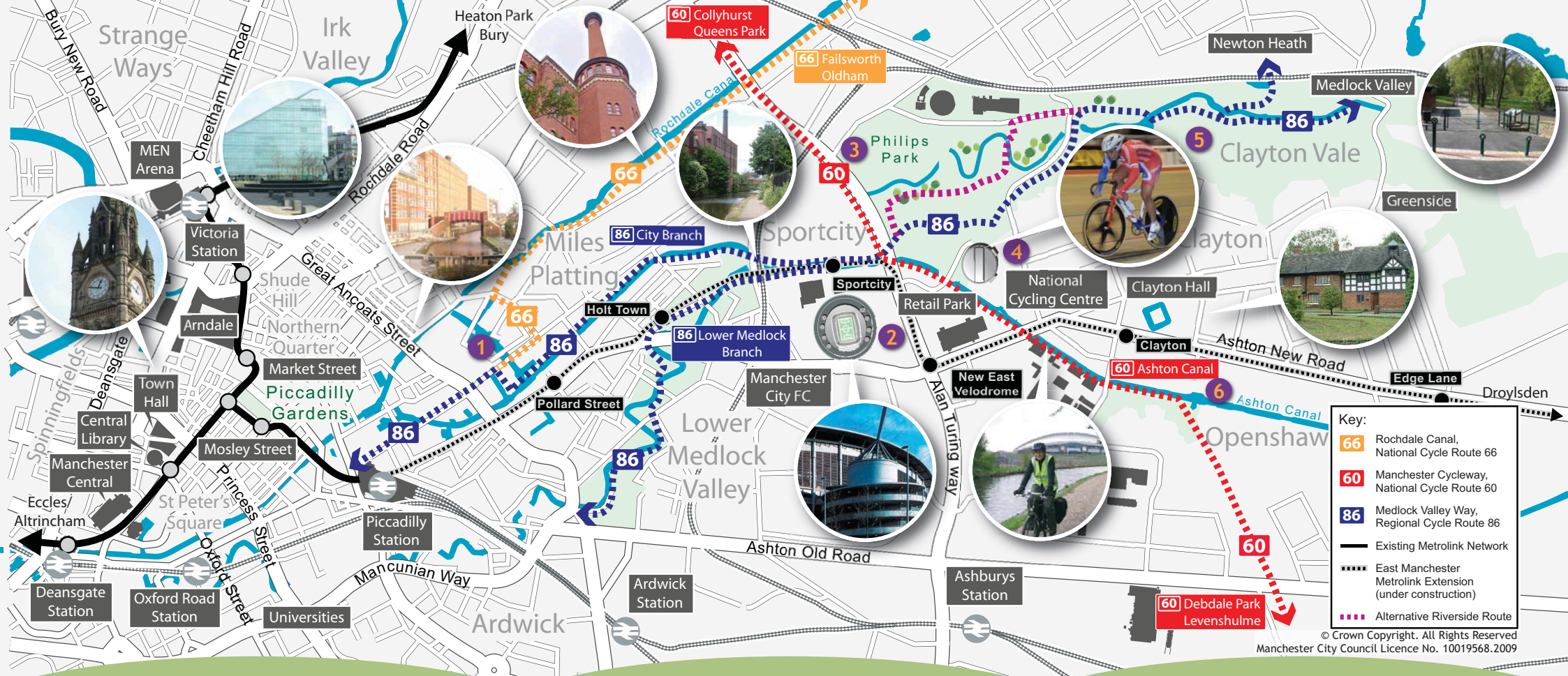
Telephone: 0161 223 8278
Email: info@friendsofclaytonvale.org.uk
Web: www.friendsofclaytonvale.org.uk

Manchester Cycle Routes

60, 66 & 86

City Centre to Sportcity & The Medlock Valley





Key:

- 66 Rochdale Canal, National Cycle Route 66
- 60 Manchester Cycleway, National Cycle Route 60
- 86 Medlock Valley Way, Regional Cycle Route 86
- Existing Metrolink Network
- East Manchester Metrolink Extension (under construction)
- Alternative Riverside Route

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Places of Interest Along the Route

- 1** New Islington Eco Park (Opening Soon!)
 This contemporary space will become a haven for wildlife and residents alike. With a boating lake, reed beds and its own beach, the park will offer the potential for tranquil respite from the city. www.newislington.co.uk
- 2** Sportcity and Manchester City FC
 Home to Manchester City Football Club, world-class facilities at Sportcity include the National Squash Centre, Regional Tennis Centre, indoor and outdoor running track and a state-of-the-art fitness suite. All of these facilities can be used by the public, as well as some of the country's top athletes! www.sportcity-manchester.com
 0161 227 3151

- 3** Philips Park
 Opened in 1856, Philips Park is one of the oldest Municipal Parks in the world, stretching over 31 acres. With its tulip valley, children's play areas, lake, peace garden, orchard and allotments; it has been a haven for residents for over 150 years. www.philipspark.org.uk
 0161 223 8278
- 4** The National Cycling Centre
 Is Britain's primary indoor cycle track and widely regarded as one of the World's finest and fastest board tracks. The centre is home to the Great Britain Cycling Team and is also open to everyone to ride regardless of their level of ability. www.manchestervelodrome.com
 0161 223 2244
- 5** Clayton Vale
 Over the last 20 years, this former landfill site has been

transformed into a vibrant green space, with £1m of recent investment to improve access and encourage positive use. In 2006, Clayton Vale was designated as a Local Nature Reserve as recognition of its importance to both people and wildlife, It now attracts a large number of visitors who enjoy walking, fishing, cycling and wildlife-spotting as well as attending a wide variety of public events.

- 6** Ashton Canal
 The Ashton Canal has recently been transformed into a clean and safe route from the City centre through to Sportcity and up to Openshaw. The revived tow path offers a great place to walk, jog or cycle and its many miles of clear access provides a fantastic opportunity for fishing. www.britishwaterways.co.uk/north-west
 01942 405 700

